



HAPUKU  
LODGE - TREE HOUSES  
KAIOIUA - NEW ZEALAND

# KAWAKAWA STUDIO SPA

Taha Tinana  
*Physical well-being*

Taha Hinengaro  
*Mental & Emotional well-being*

Taha Wairua  
*Spiritual well-being*

Kawakawa Luxury Studio Spa is a place to recharge your energy and relax. Our unique treatments are inspired by our surroundings and emphasize natural healing therapies designed to restore your balance and melt away your stress.

The products that we use in our treatments are made with mostly certified organic and wildcrafted ingredients, sustainably harvested and containing the best of New Zealand nature. We invite you to unwind and enjoy our little oasis of relaxation here at Kawakawa Studio Spa.

*Our treatments begin with a full consultation in order to meet your specific needs. Please communicate any special health conditions to your therapist to maximize the benefits and enjoyment of your treatment.*

## Signature Treatment Menu :

### Pinda Massage

With its origin in oriental and Ayurvedic medicine, the function of this ancient whole body massage technique is to balance the mind, body and soul. The pindas are a natural preparation of sea salt and aromatic and medicinal herbs, wrapped in a hand-made cotton pouch and mixed with essential oils. The pouches are heated and applied to the body, enhancing the soothing, moisturising and detoxifying properties. Stress is reduced, tension relieved and internal energy balanced. Pinda massage is a very nourishing and rejuvenating treatment that will bring a complete feeling of alignment and vitality. (60 mins) \$280

### Nz Glacial Clay & Manuka Facial Treatment

A beautiful, nourishing facial therapy that will repair and soothe your skin, increase its luminosity and combat the signs of aging. The treatment commences with a lemongrass and cucumber milk to refresh and purify the face, followed by a New Zealand Glacial clay and Manuka essential oil mask to deeply cleanse and restore. The treatment concludes with pure organic distilled rose petals mist to hydrate, followed by a serum and facial lotion both rich in organic natural botanicals combined with hyaluronic acid and vitamins, specially prescribed for your skin type. Your skin will be left feeling fresh, clean, nourished and radiant. (50 mins) \$245

### Hydrojelly Facial Treatment

This is the newest generation of peel off masks in the market, boosted with pure hydrating algae, minerals and nourishing actives. The masks compress and seal the contours of the skin to allow for complete absorption of nutrients and hydration to the deepest layer, providing a soothing and refreshing sensation and the nourishment that your skin needs.

This exclusive treatment begins with skin cleansing and exfoliation using a natural grapefruit and cucumber creamy scrub that will remove the dead cells and brighten the skin. Following this with our nourishing facial massage using an organic face oil with rose, geranium and frankincense pure essential oils. Finally, we will apply our luxurious hydrojelly mask tailored to your skin type, followed by a kawakawa and rose lotion to seal in the moisture and benefits. This treatment will leave your skin feeling smooth, soft and radiant. (50 mins) \$245

#### CANCELLATION POLICY

As a small business cancellations affect us greatly. Cancellation within 24hours of our treatment will incur 100% cancellation charge.



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## Treatment Menu :

### Relaxation Massage

A gentle style of Swedish massage that combines the power of pure essential oils, applying light to moderate pressure with smooth and flowing techniques to promote overall wellness, general relaxation and muscle tension relief. You will find yourself in a complete state of calm. (60 mins) \$220

### Invigorating Massage

A firm and vigorous style of massage that stimulates blood circulation to relieve tight and fatigued muscles. A combination of deep tissue massage techniques and the power of essential oils will improve range of movement and overall well-being. (60 mins) \$220

### Back, Neck and Shoulder Massage

Your back, neck and shoulders are the part of your body that absorbs the most stress. This effective type of massage will soothe away tensions in your upper body, break down knots and improve your flexibility. Combined with a blend of essential oils it will reduce muscle and mental tension allowing for immediate rejuvenation of the mind and body. (60 mins) \$220

### Reflexotherapy

A natural and relaxing therapy based on ancient Chinese techniques that stimulates the reflex points on your feet to balance the entire body, relieve tension and improve circulation. By sending a calming message to the central nervous system your body adjusts its tension levels and increases blood supply, oxygen and nutrients to nourish and restore the equilibrium within.

The foot reflexology treatment begins with a 10-minute aromatic foot bath in a copper bowl. Copper is known for its antimicrobial and anti-inflammatory properties, and it will be released into the foot bath and absorbed by the body in small quantities, improving blood circulation throughout the body. We will continue this treatment with 40 minutes of relaxing reflexology. While our spa therapist massages your feet, you can enjoy the refreshing benefits of a clay poultice over your eyes and forehead. It will soothe tired eyes and bring you the sensation of rejuvenation that can only come from direct contact with nature. You will leave feeling tranquil and blissfully revitalized. (60 mins) \$220

### Couples treatment

Enjoy some quality time with that special person in your life and let us treat you both with your choice of relaxing or invigorating massage, at the same time, in the same room. The massages can be customized to suit each of your individual styles in order to give you the ultimate side-by-side massage experience.

Choose from: Relaxation/Invigorating/Back, Neck & Shoulders Massage. (subject to availability) \$450

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## Package Menu :

### Relaxation Package

This package begins with a 60-minute full body aromatherapy massage using a blend of warm essential oils specially chosen to promote a deep sensation of calm and relaxation. Combined with gentle rhythmic strokes of Swedish massage, it will ease away any stress and tension you may have. After the massage immerse yourself in our soaking tub and experience the complete sensation of relaxation that you will get from a special synergy of handmade bath salts, pure essential oils and medicinal herbs. You will leave us feeling blissfully restful and still.

**Includes: 1 hour full body aromatherapy massage + 20min bath (1:30min)**

\$260

**Couples:** (subject to availability)

\$530

### Detox Package

Recommended for the body in need of energy, this powerful and energizing treatment aims to restore the body's natural biorhythm and promote a detoxifying cleanse. Begin your detox journey with an uplifting 60-minute massage that is combined with the power of warm detoxifying essential oils. This will increase blood and lymphatic flow and encourage toxins to be dispelled. The treatment continues with 45 minutes facial therapy massage that will cleanse and nourish. Experience the healing properties of our organic New Zealand glacial clay mask to deeply cleanse and restore your skin, followed by an application of pure organic distilled rose water to hydrate the skin and a serum and face lotion both rich in organic natural botanicals and vitamins that will soothe and nourish your face. After the massage journey, continue your treatment soaking in our tub for a real sensation of sea bathing. Exfoliate your skin with our hand made aromatic sea salt bath and enjoy a powerful and energizing bath. You will leave us feeling light, renewed and empowered.

**Includes: 1 hour invigorating massage + 45 min signature facial + 20min bath (2:20min)**

\$510

**Couples:** (subject to availability)

\$1020

### Revitalization Package - Reflexology

Reflexology is an ancient and natural approach to healing, based on the theory that every organ, area and system of the body is mirrored by a reflex point in the feet or hands. By massaging and applying pressure on these points the therapist will work on the body's physical structure and recalibrate its energy flow, bringing about a feeling of deep relaxation and overall well-being. This treatment begins with 30min of our soothing back, neck and shoulder massage, followed by a 40 min relaxing foot reflexology. While you enjoy the foot massage, allow yourself to feel the energy from the earth touching your skin through our NZ Glacial Clay poultice over your eyes and forehead. It will soothe tired eyes, clear away any tension and stimulate circulation in this area, bringing you the sensation of a clean, calm and purified mind.

To end this treatment a revitalizing medicinal herbal bath in our soaking tub will await you. Immerse in it and enjoy!

**Includes: 30min back, neck and shoulder massage**

**+ 40 min foot reflexology with clay poultice over the eyes + 20min bath (1:40min)**

\$330

**Couples:** (subject to availability)

\$670

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## Package Menu (cont.):

### Restore Package

Here, you can personalize your experience according to your needs! Recharge with your choice of a 60-minute relaxation, invigorating or back/neck and shoulder massage, followed by a luxurious 30 minute facial treatment. Choose from a beautiful and calming lymphatic drainage massage to hydrate and soothe your skin or our nurturing facial massage that will uplift and boost your skin's natural radiance for a glowy finish. (1:40min)

**Includes: Your choice of 1 hour Relaxation, Invigorating or Back Neck & Shoulder Massage**

**+ 30min of Facial Therapy : Choice of Lymphatic Drainage & Bee Venon Mask or Exfoliation + Facial Massage** \$330

**Add ons:** 20min restorative bath with hand made bath salts and medicinal herbs - \$35

**Couples:** (subject to availability) \$670

### Indulge Package

Carefully curated to offer the ultimate relaxation experience, this treatment features our signature massage and facial treatment. It will restore balance to both the body and mind through our luxurious and nourishing pindas massage, finishing with 30 minutes of our unique, soothing and uplifting facial massage that will leave your skin feeling pampered and renewed!

**Includes: 1 hour Signature Pindas Massage + 30 min Facial Massage(1:40min)** \$390

**Add on:** 20min luxury bath with hand made bath salts with geranium essential oil & organic rose petals. \$40

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